

St. Elizabeth Ann Seton Catholic Church
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(707) 585-3708

Website: www.Stelizabehtrp.com

E-Mail stelizseton@sbcglobal.net

Office Hours: Tue.- Fri. 9am - 1pm
The Church is open

weekdays 7:30–6:30pm,

Saturdays & Sundays 7:30 - 5:15

March 8, 2026, Third Sunday of Lent



I Thirst for your faith!

Parish Staff

Pastor: Rev. Thomas Diaz #4

Office Manager: Chris Giacometti: #1

Mass times: #2

Youth Faith Formation: Jennifer Bedoka #3

Executive Board: Tony

Madia/Chairperson, Linda Biondini/Vice

Chairperson, Katie Chase, Larry

Ruminson, Julie La Plante

Floral Decorations: Cesira Heric

Sacraments and Devotions

Reconciliation: Sun. 9:45-10:15am, Thu 1-1:30, Sat 11-12 with priests.pm

Marriage: One year notice to the pastor.

Infant Baptism: 1 month notice and please register. The next preparation class TBA.

Anointing of the Sick: Please call Fr. Tom.

Usually, it is celebrated after 10:30 Sunday Mass

The Rosary: ½ hr. before weekday Masses.

Divine Chaplet: Tuesdays after the 12:15 Mass

The Welcoming Church: Sundays 1pm.

Exposition & Benediction: Thu. 12:15-1:45pm.

Mass Schedule and Intentions for the Week

Sat/Mar 7, 4:00pm +Abel Sagon

Sun/Mar 8, 8:30am +Ginger Crawford
10:30am For the Parish

Tue/Mar 10, 12:15pm +Angelo & Kathy
Leonardi

Wed/Mar 11, 5pm with Fr John
+Barbara Chow

Thu/Mar 12, 5pm with Fr John
+ Ella & Louis Biondini

Fri/Mar 13, 8:15am + For All Priests

Sat/Mar 14, 4:00pm + Ed Lavelle

Sun/Mar 15, 8:30am For the Parish
10:30am + Cesar Datu

Events This Week

Sun/Mar 8, 1pm Welcoming Church

Tue/Mar 10, 5:45pm Women's Guild Mtg.

Wed/Mar 11, 6pm Soup &Talk with Fr. John Auther
SJ

Thu/Mar 12, 6pm Soup & Talk with Fr. John Auther
SJ

Fri/Mar 13, 6pm Social Justice Lenten Dinner
7pm Stations of the Cross

Sat/Mar 14 11am-12:00pm Confessions with Priests

Sun/Mar 15, 11:30am Hispanic Ministry Mtg/Hall

Stewardship: Plate donation March 1, 2026:
\$4,839. The 2nd collection this weekend is for
Building Maintenance. Your generosity is much
needed. Thank you

Last Sunday's Homily Highlights

- Are you dazzling white or a light to the world like Jesus?
- We are called to be his disciples today, to help bring his light to the world and His words for us to listen to.
- Even though our hearts might not be like the Lord's we are called to this Lent to be transformed as Christ was transfigured.

Sunday Scripture Readings

Reading I: Exodus 17:3-7, **Reading II:** Romans 5:1-2,5-8

Gospel: John 4:5-42 or 4:5-15, 19b-26, 39a,40-42

Sunday Reflection

A Worthless Woman The Gospel Reading tells the story of a woman who is worthless by the standards of Jewish society at that time.

Jesus has sent his disciples off for food, and he is sitting at a well when she comes to draw water. There is every reason why he shouldn't talk to her.

First, she is a woman. It is only the disciples' awe of Jesus that keeps them from asking him what he thought he was doing when they return and find him talking to her without even a chaperone by her. **Secondly**, she is a Samaritan. As she herself points out to him, Jews don't talk to Samaritans. Samaritans are self-made outcasts from the Jewish point of view, and self-respecting Jews stay away from them. And, **thirdly**, this Samaritan has the sort of history that makes women pariahs even in their home communities. Jesus knows her status, and he lets her know he does. She has had five husbands—five husbands! and she is currently living with a man to whom she is not married. Even by the lax standards of our own day, this sort of history would make people look askance at her. In her village she is undoubtedly a shameful person. So, take it all and all, she's a worthless person, isn't she? What Jew or Samaritan would want to invite her to lunch?

But you might be thinking, the savior of the world could certainly spare a crumb even for a shameful

Samaritan woman. He could preach to her that her sins are forgiven, you might be supposing, or he could offer her some other kind of pastoral help.

But he doesn't, does he? No, he asks *her* to help *him*. He opens the conversation with her by asking her to give him a drink.

And then look at how this story ends: she brings belief in Jesus to her village, and the villagers come to Jesus because of her.

She isn't worthless then, is she? No, then she takes her rightful place among the apostles. The evangelization of her village is *her* accomplishment.

And so, when Jesus asks her to care for him, he starts a process that brings her from being worthless to being the apostle to her village.

The remedy of love for human worthlessness is modeled for us here, isn't it? Eleonore Stump

Discussion Question: What barriers can you ignore when you try to take God's gift of the "living water/grace" to people in need?

Sunday Family Connection

Lent is a season for repentance. It is a season during which we are called to reflect upon and to live deeply the promises of Baptism. The well and the conversation about water immediately recall for us the Sacrament of Baptism. As the Samaritan woman was converted and sent on a mission because of the conversation about water, we too are converted and sent by our Baptism to preach the good news of Jesus to others.

Take this opportunity to reflect upon the importance of Baptism with your family. If you have photos or other mementos of your family's Baptisms, bring them out and take some time to recall the day of Baptism and its importance to you and your family. Create a prayer table that includes these mementos and a bowl of holy water. After you have spent some time talking about Baptism, invite everyone to listen carefully and prayerfully to today's Gospel. Read John 4:5-42 together. Ask how Jesus' meeting with the woman at the well is like Baptism. (Jesus knows the woman's sin and forgives her. The woman comes to know Jesus as the Messiah. The woman invites others to meet Jesus.) Pray a prayer of blessing for each member of the family that God will help each one live the

Wednesday, March 11th

Getting the most out of the 2nd half of Lent, Part I

Mass: 5pm.

Soup: 6pm. Split Pea and Ham

Reflection: 7pm in the hall

Thursday, March 12th

Getting the most out of the 2nd half of Lent, Part II

Mass: 5pm.

Soup: 6pm. Tomato Basil Blue Cheese Soup

Reflection: 7pm in the hall

promises of Baptism.

Two Evenings of Lenten Reflection with Fr. John Auther, S.J.

Faith Formation Ministry

Quote of the Week

*"Do you wish your prayer to fly toward God?
Make for it two wings: fasting and almsgiving"*

St. Augustine

Sunday, March 8, 2026

9:30 am 2nd Year Confirmation Class/CL

10:30 am Children's Liturgy of the Word

5-6:30pm 1st Year Confirmation Class

5-6:30pm

pm

Catechesis

Good

L3/Atrium

March

pm

Catechesis

of the
Shepherd
Tuesday,
10th
3:30-5



of the Good Shepherd L1/Atrium

Wednesday, March 11th

3-4:30 pm 1st Year First Communion

3-4:30 pm 2nd Year First Communion

3-4:30 pm Catechesis of the Good Shepherd

L3/Atrium

Sunday, March 15th

9:30 am 2nd Year Confirmation
Class/CL

10:30 am Children's Liturgy of the
Word

5-6:30pm 1st Year Confirmation Class

5-6:30pm pm Catechesis of the Good Shepherd
L3/Atrium



Thank you to all our parishioners who have signed up to be a prayer partner for a First Communicant or a Confirmandi. Be on the look out for your packet in the vestibule.

Email sesreled@gmail.com if you're interested in joining our ministry!

Please pray for the health intentions of: Patrick Bohn, Sherman Chan, Gus Chang, Mary Couto, Patrick Dempsey, Lupita Diaz, Marcella Dorado, Anthony Eger, Evelyn Estrella, Cedric Fontana, Kathy Fontana, Louise Galassi, Elsa Garcia, Rosa Gomez, Dave Grundman, Kathleen, Nancy Keegan, Kelly Limberg, Theresa M, Frank Manhoso, Rudy Melano, Charles McCollum, Kevin McDonough, Larry Ng, Pat O'Brien, Robert Perrill, Mary Piccioni, April Piehoff, James Reynolds, Lisa Rivas, Patricia Sack, Robert Scarpone, Patricia Stiefer, Dominique & Cecilia Tarrant, Jim Turegano, and Malik Whitehorse.

Pray for the repose of the soul of Kathleen Skirra. Please keep her family in your prayers, If you want a name on the list, please call the office.

- Please return your missalettes to their proper place and not left in the hallway
- Please do not bring your cell phones into the church but leave it in your car

Circle your Calendars March 18th 7pm. Taizé Prayer Service



With the help of our parishioners, St. Vincent De Paul will provide an Easter Basket with dinner items, which will include a ham or chicken for needy

families.

We are collecting specific food items each week during Lent for the Easter Basket, ending on Sunday, March 22nd.

<u>Dates</u>	<u>Item</u>	<u>Size</u>
Mar 7/8	Corn	15 oz. can
Mar 14/15	Sliced Pineapple	20 oz. can
Mar 21/22	Corn Bread Mix	15 oz. box

in Paris. This will be a bilingual pilgrimage in English and in Spanish. For more information, please visit www.sjccotati.org and scroll down to the pilgrimage information link. You can also call Fr. Raul Lemus at 707-795-4807 ext. 113 or email at pastor@sjccotati.org. You can also visit www.unitours.com/showtrip.aspx?tripid=2774

A good confession is only as good as the preparation we put



Pilgrimage to France with Fr. Raul Lemus
Fr. Raul Lemus, the pastor of Saint Joseph Catholic Church in Cotati, invites you on a

pilgrimage through some of the holy sites of France October 19-29, 2026.

- The pilgrimage sites will be two nights in Lourdes (where the Blessed Mother appeared to St. Bernadette Soubirous in 1858),
- one night in Avignon (where the popes lived from 1309-1377),
- one night in Paray Le Monial (where St. Margaret Mary Alacoque received the promises of the Sacred Heart of Jesus),
- one night in Nevers (the resting place of St. Bernadette Soubirous),
- four nights in Paris (our Mass in Paris will be at the Miraculous Medal Shrine of St. Catherine Laboure), and Lisieux (a day trip in our tour bus while in Paris to visit the resting place of St. Therese of Lisieux).
- The trip concludes with a free day in Paris to shop and enjoy sites on your own.

The cost is \$5,499, which includes airfare, hotel accommodation, tour bus, tour guides, breakfast and all dinners, except for one dinner

into it.

Necessary for that preparation is examining our consciences.

- Duties to God and to Church:** Do I love God with all my heart, soul, mind, and strength?
Do I pray enough?
Do I express my gratitude to God?
Does something or someone -- a material thing, a person, a behavior, an attitude -- come between me and God?
Have I failed to go to Confession, at least once a year, traditionally during Lent?
Have I failed to follow the laws of fasting and abstinence?
Have I failed to support the Church as my means allow?
Have I obeyed the Church's marriage laws?
For husbands: Do I treat my wife with the respect and tenderness I would give to Our Lady?
Do I treat her as less than my queen, bride, and friend?
Do I strive to provide for her, protect her, and help her to feel cherished and needed without condescension or treating her as a child?
Do I undermine her in her role as mother?
Do I try to make her happy within the boundaries of

God's laws?

Have I used artificial contraception or otherwise failed to keep my marital acts open to life? reasons?

Do I express gratitude to her for what she does?

For wives: Do I treat my husband with less than the respect and tenderness I would give to Christ?

Do I treat him as less than my king, groom, and friend? Do I strive to respect his headship, nurture him, and help him feel cherished and needed?

Do I undermine him in his role as father?

Do I express gratitude to him for what he does? Do I nag or provoke him?

Do I talk to him as if he's a child?

Do I speak ill of him to others?

Have I helped cause members of my family to sin (by counsel, command, consent, provocation, praise or flattery, concealment, partaking, imprudent silence, or defense of the sin in question)?

Have I used artificial contraception or otherwise failed to keep my marital acts open to life? reasons?

Parents Am I too lenient with my children? Do I set high enough but not unreasonable standards and reasonable boundaries?

Do I use fair, reasonable, and consistent discipline?

Am I too harsh with my children?

Do I discipline them in a way that humiliates them?

Are my spouse and I consistent and unified as a whole in our discipline of our children?

Do my spouse and I sabotage each other with regard to disciplining our children?

Do I "force" my spouse to play the role of "mean parent" while I play "fun parent"?

Have I been a good example for my children and/or the children of others, especially in terms of how I treat others and honor God?

Duties to Society: Do I love others as I love myself, with a love grounded in Truth?

Do I pray for others, including for the dead, for those in authority and for my enemies?

Have I taken anything I had no right to take?

Have I failed to return anything I may have stolen in the past or otherwise make restitution?

Do I treat my employees or those I supervise with dignity, respect, and consideration? ~and/or~ Do I give my employer his due and perform my job as best as I can?

Do I treat service personnel (waitresses, waiters, clerks, busboys, maids, doormen, etc.) with dignity, respect, and consideration, and without condescension? Do I consider their time and feelings?

Have I given to the poor as my means allow?

Do I act as if I've been given the authority to judge others' souls.

Have I participated in the sins of others by the listening to gossip?

Am I a good, reliable friend to others?

Am I greedy and selfish?

Am I envious of what others have?

Am I too materialistic?

Given my station in life, my gifts, and vocation, do I care enough for the sick, hungry, thirsty, poor, and imprisoned?

Have I been kind and charitable to those who are struggling to overcome homosexual or lesbian temptations?

Do I engage in name-calling?

Do I show good stewardship by treating the earth as God's creation?

Am I careful not to litter or pollute the earth or waste resources?

Do I treat animals with care and appreciation and refrain from needless cruelty toward them?

Do I use my God-given talents in a wholesome way and for the benefit of others?

Have I used alcohol or any other drug recreationally to the point where my judgment and will were affected?

Have I willfully looked at pornography for no legitimate reason (e.g. law-enforcement) or supported it financially?

Do I dress and behave modestly and with concern for how my appearance and behavior may lead others to the sin of lust?

Have I engaged in solitary sexual sins (i.e., masturbation)?

Do I treat my body with care, try to eat well enough, sleep enough, etc.?

For Teenagers Do I disobey my parents?

Do I fail to respect them?

Do I swear at them?

Am I ashamed of them?

Do I let them know I love them?

Do I lie to them?

Do I steal from them?

Am I obeying and honoring those in place of my parents, such as teachers and principals?

Do I skip class?

Do I lie to my teachers?

Do I fight with my siblings

For children Have I disobeyed my parents?

Have I caused them pain? Have I been rude to them? Do I do what they ask of me?

Have I helped them when they need something?

Have I harmed others calling them names?

Have I wasted time?

Have I spent too much time on the internet, television, video games, or social media?

Have I been lazy at home or at school?

Am I kind to everyone?

Have I studied and done my tasks responsibly?

Do I take time to pray to God every day?

Do I fight with my brothers and sisters?
Do I take things that are not mine?

**Ministry Schedule for Next Weekend
March 14th & 15th**

4:00pm Mass

Readers: Tony Madia, Liz Ritchie

EMS: Jovita Bishop, Dianne Foppoli, Bill Yates

Ushers: Janice Dyer, Sally Shami

Greeters: Luisa Bustillos, Pat Yates

8:30am Mass

Readers: Phillip Alvarado, Maureen Sheridan Scott

EMS: Larry Biondini, Diane Cook, Mary Thayer

Ushers: Remie Alinas, Barry Goff

Greeters: Larry & Jo Ruminson

10:30am Mass

Readers: Fred Adam, Scott Crossen

EMS: Victoria Gregorio, Nora John, Nativity Mata

Ushers: Giovanna Desimone, Scott Morrival

Greeters: Fred & Janet Adam



We have reached our
diocesan goal of \$19,300! So
far, we have pledged \$36,569.

We thank those 112 families who have
pledged! =19.65%

458 Families have not pledged so far= 80%

Lent is a time to give thanks and to be generous of
our treasures. We still have the rest of 2026 to give
but let us start in the Spirit of Lent. AMA envelopes
are in the church vestibule in the pamphlet rack

Remember that all pledges that come in now
through AMA will be ours! What a rebate we
can have!

SAD NEWS