

St. Elizabeth Ann Seton Catholic Church

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(707) 585-3708

Website: www.Stelizabehtrp.com

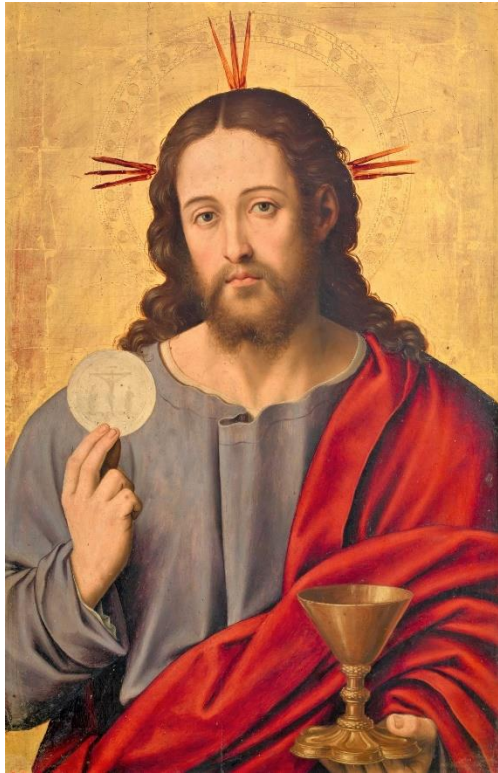
E-Mail stelizseton@sbcglobal.net

Office Hours: Tue.- Fri. 9am - 1pm

The Church is open weekdays 7:30-8:30pm,
Saturdays & Sundays 7:30 - 5:15

June 7, 2026

The Most Holy Body and Blood of Christ



Pastor: Rev. Thomas Diaz #4

Office Manager: Chris Giacometti: #1

Mass times: #2

Youth Faith Formation: Jennifer Bedoka #3

Executive Board: Tony Madia/Chairperson,

Linda Biondini/Vice Chairperson, Katie

Chase, Larry Ruminson, Diane Colbrook

Floral Decorations: Cesira Rantissi Heric

Sacraments and Devotions

Reconciliation: Sundays: 9:45-10:15am, Thu 1-1:30

Marriage: One year notice to the pastor.

Infant Baptism: 1 month notice. The preparation session for parents and godparents of children under 4 will be on June 21st from noon-2pm in the hall classroom. You must register at the office in advance.

Anointing of the Sick: Please call Fr. Tom. Usually, it is celebrated after 10:30 Sunday Mass

The Rosary: ½ hr. before weekday Masses.

Divine Chaplet: Tuesdays after the 12:15 Mass

Exposition & Benediction: Thu. 12:45-1:45pm.

Mass Schedule and Intentions for the Week

Sat/June 6,	4pm	+Abel Sagon
Sun/June 7,	8:30am	People of the Parish
	10:30am	+Elizabetta Basso
Mon/June 8,	8:15am	Int. of Vicky Gregorio
Tue/June 9,	9am	Mass at St. Joseph, Cotati
Wed/June 10,	5pm	
Thu/June 11,	12:15pm	Int. of Giovanna DeSimone
Fri/June 12,	8:15am	+Joey Gardone
Sat/June 13,	4pm	+Betty Chua
Sun/June 14,	8:30am	People of the Parish
	10:30am	+Joan Brosnan

Events in the Parish

Mon June 8, 11:30am Parish Picnic Planning/Hall

Tue/June 9, 5:45pm Women's Guild Mtg/Hall

Stewardship For the month of May

5/3: \$4,960, 5/10: \$4,998, 5/17: \$4,389,
5/24: \$4,447, 5/31: \$5,221. Online giving: \$1,367,
Church Maintenance \$2,040, Liability Insurance
\$2,072 Average Sunday collection: \$5,076

Last Week Homily Highlights

- It is impossible to explain the mystery of the Trinity. So, what can we say:
- The Trinity has perfect communication. Do we have good communication skills at home?
- The Trinity professes love coming from the three persons in one God to us.
- How are we at loving others?

Sunday Scripture Readings

Reading I: Deuteronomy 8:2-3, 14b-16a **Reading II:** 1 Corinthians 10:16-17, **Gospel:** John 6:51-58

Sunday Reflection

For the Life of the World Let us review for a moment what has happened in the special season just gone by. I suppose this is a summary of the summaries! It leads to Sunday's feast, which is a great remembrance of our salvation.

Holy Thursday: we saw Jesus washing the feet of the disciples, cleaning their feet, wiping off the dirt. Then on Good Friday we saw Jesus refuse the way of riches, honor, and pride, instead of following the way of love. He could have avoided the cross, but love said yes to God instead. It was the highest example of real, lasting love we know of. It showed us who God is, in the flesh.

The Sundays after Easter: After his resurrection, Jesus spoke to us about his sacrifice and his having risen from the dead, showing how these are signs of the Father's love for the whole world. Then the Ascension. Jesus was going away, back to the Father. He was to take his love back to the Trinity—where it started—thus completing the circle. Therefore, he left us, and if that were the end of the story we would have only memories.

On Pentecost he sent his Spirit into our hearts. We ourselves, his followers, were to receive that Spirit and become his new and continuing body for the life of the world. There is only one condition: that we let go and allow his Holy Spirit dwell in our lives. Gradually we would sense with Spiritual eyes what The Holy Trinity is all about.

How, exactly, are we to let the Holy Spirit find this dwelling place within us? If we look around at our culture, it seems impossible. A lot of our neighbors have thrown away the idea of a soul altogether and even the notion of a God. Others just dive into the flesh pots, so to speak, and by doing so, deny that there is such a thing in them as a depth where some Holy Spirit could dwell.

But we do have such a depth, all of us and each of us. We just need to let go and learn to be loved by this Spirit of Jesus and of his Abba. Then it will occur to us why the Christ had promised the Holy Spirit and then sent it.

However, one unhandy fact remains. We are flesh and blood creatures, not merely spirits. Would Christ have gone away to heaven, leaving his followers to make their own way without him? No. The sacrament of his Body and Blood is the way we join in the complete life of Christ. Just as the Holy Spirit comes together with our spirit, the sacrament of Christ's body becomes one with our own bodies in a gradual but intimate transformation.

To put it another way, we need Manna if we are to survive (First Reading)! Today's Feast of the Body and Blood of Christ shows this. The great plan of God could get lost unless there were a Manna-like sacrament to draw our bodies and our spirits into Christ's presence.

And so, now the Easter picture is complete. Christ remains in the world for all time. He is spiritually and physically present to the world in us, as often as we accept his body and dwell in his Spirit.

That is the reason for this final feast after Easter. John Foley SJ.

Discussion Questions: How does the Eucharist unite believers as one body in Christ? How do you prepare yourself spiritually before receiving the Eucharist?

Family Connection: Our faith teaches us that when we gather to celebrate Mass, Jesus is present to us. The bread and wine truly become the Body and Blood of Christ. This is what we mean by the word transubstantiation: Jesus makes himself present to all who receive the Body and Blood of Christ.

If there are children in your family who have already celebrated their First Holy Communion, invite them to share their memories of this special day. If there are family photos taken on this occasion, bring them out and share them together. Adults in the family may also share memories or photos that they have of their First Communion. Then read together today's Gospel, John 6:51–58. Reflect together on what Jesus means when he calls himself the "living bread." Recall that every time we receive the

Eucharist, Jesus keeps the promise he made in today's Gospel—those who eat his flesh and drink his blood will remain forever connected to him. Perhaps family members can share what it means for them to receive Jesus in the Eucharist. Together thank God for this gift of Holy Communion. Pray together the Lord's Prayer or today's Psalm.

Please pray for the health intentions of: Bi Bi Ballesteros, Giselle Ballion, Giovanna DeSimone, John Diaz, Marcella Dorado, Maryann Eger, Jim Estrella, Rosita Faltado, Kathy Fontana, Cedric Fontana, Greyson Goff, Trinidad Legasti, Nancy Keegan, Fatima Manhoso, Judy Nelson, Mary Piccioni, Vivian Pruet, Emi Jade Przyborowski, Mario Russo Linda Sime, Cecilia Tarrant, Diane Thrailkill, Jim Turegano. Jackson Vallee. If you want a name on the list, please call the office
Please pray for the soul of Mark Mardahl and keep his family in your prayers

Do you know someone who would like to prepare for First Communion or Confirmation?

REGISTRATION IS OPENED!



Please use the QR code provided or fill out a packet located in the church vestibule and registration fee is \$125.00.

Faith formation will have a table for registration after Mass the weekend of June 22nd.

Catechesis of Good Shepherd for ages 3-6 will be available this fall starting in October.

Level 1 Atrium (ages 3-6) helps the child to fall in love with God, assisting the child's relationship with God and their enjoyment of that relationship.

Registration Fee \$125



Annual Diocesan Ministry Appeal May 31st

Minimum Goal: \$19,300

Money pledged: \$65,245

Money received: \$45,086

Families involved: 189

Percentage of Families involved: 32%

Rebate so far: \$25,786

Diocesan Annual Appeal Envelopes are available in the vestibule pamphlet rack. We had no new donors during the month of May. 😭

Pastor's Corner

I will be in Ukiah for diocesan meeting on Monday afternoon through noon on Wed. I can be reached via the parish number (707) 585-3708 #4 which goes to my email.

The Mass schedule changes this week with Mass on Monday 8:15am, no Mass on Tues but you can go to St. Joseph's for 9am Mass, and on Wed our Mass will be at 5pm.

Now that we are almost halfway through the year, I will be preparing a letter for all those who have not participated in the Diocesan Annual Appeal so far. My dream would be to have a 50% participation. If everyone who has not given to the Appeal gave \$20 that would be \$8,000 more added to our rebate.

I thank the Men's Club for a successful Pasta Dinner for the parish and for my anniversary cake.

Employment Opportunity and help needed

Someone is in need of a care giver to work 4 hours a day Mon-Fri beginning now. If you are interested in this position please call the Church Office for contact information, Tues.-Fri. during office hours, 9-1.

Please return your missalettes to their proper place?

Men's Club News

The Men's Club would like to thank those parishioners who attended our Pasta Dinner. Fellowship and a good meal was enjoyed by all. Your continued support and generosity at our events allows us to continue and we thank you. Thanks go out to Jo Ruminson for the scrumptious dessert bar and congratulations to Father Tom on his 45th Anniversary. We look forward to seeing you at our next event, breakfast July 19th.

By a unanimous decision of the Men's Club the remaining food from the dinner was brought to the Catholic Charities "Safe Parking Lot" in Santa Rosa and fed 60 homeless people. God bless all of you for your support.

Congratulations to the Women's Guild 2026 Scholarship Recipients

Johnny Ybarra,
(Fordham University)

Issa Shami,
(University of San Francisco)

Sebastian Padilla
(UC Davis)

Diane Van Anne
(SRJC)



Ministry Schedule for June 13th & 14th

4:00pm Mass

Readers: Linda Anderson, Tony Madia

EMS: Dianne Foppoli, Victoria Gregorio, Linda Mish

Ushers: Tony & Beth Turegano

Greeters: Ron & Debra Ciarasso

8:30am Mass

Readers: Liz Ritchie, Maria Van Anne

EMS: John Buhagiar, Patty Ramos, Mary Thayer

Ushers: Remie Alinas, Diane Cook

Greeters: Larry & Jo Ruminson

10:30am Mass

Readers: Mary Denson, Milagros Morrical

EMS: Lorraine Datu, Nora John, Milagros Morrical

Ushers: Scott Morrical, Sally Shami

Greeters: Fred Adam (sub requested) Lorraine Datu

BREAD FOR THE JOURNEY



What does the first reading for Corpus Christi teach about trusting God?

It shows that God takes care of His people. The Israelites were in the desert, but God fed them and led them. This reminds us to trust that God will guide and provide for us in every situation.

Why did God give the Israelites manna in the desert?

God wanted to show them that He was their source of life. He gave them food so they would not go hungry, but He also wanted them to rely on His word. This teaches us that we need more than material things—we need God's guidance and truth.

How does the second reading for Corpus Christi Year A explain the meaning of the Eucharist?

It explains that sharing the Eucharist unites all believers as one body. When we receive the Body and Blood of Christ, we are connected to Him and to each other. This reminds us that faith is not just personal but also about community.

Why is the Eucharist important in Catholic life?

The Eucharist is more than a symbol; it is Jesus Himself. When we receive it, we are spiritually nourished and strengthened. It helps us grow in faith and love for others.

What does Jesus mean when He says He is the living bread?

Jesus is telling us that He gives true life. Just as food keeps the body alive, the Eucharist gives life to the soul. Receiving Him in the Eucharist brings us closer to Him and leads to eternal life.

How does the Gospel for Corpus Christi Year A help us understand the Eucharist?

Jesus makes it clear that His Body and Blood are real food and drink for our souls. He calls us to receive Him in the Eucharist so we can share in His life. This reading teaches that the Eucharist is a great gift that connects us to Jesus.

Why do Catholics believe Jesus is really present in the Eucharist?

Jesus said that His Body and Blood are true food and drink. The Church has always taught that the bread and wine become His real presence. This is a mystery of faith that Catholics believe and celebrate.



How can we prepare to receive the Eucharist?

We can prepare by praying, confessing our sins, and reflecting on what the Eucharist means. We should receive it with reverence and a heart open to Jesus. This helps us grow in faith and love.

How does the Eucharist bring unity?

The Eucharist unites all believers as one family in Christ. When we share in the Body and Blood of Jesus, we are connected to Him and to each other. It reminds us to love, forgive, and support one another.

What does Corpus Christi Year A teach about gratitude?

It teaches that all we have comes from God. The readings remind us to be thankful for His blessings, especially the gift of the Eucharist. Gratitude helps us stay humble and trust in Him.

How can we live out the message of Corpus Christi Year A in daily life?

We can show gratitude by praying and thanking God each day. We can strengthen our faith by receiving

The Acts of the Apostles shows that the Eucharist (at first called 'the Breaking of Bread') was one of the cornerstones of Christian life and identity from earliest times.



the Eucharist with devotion. We can also live in unity by loving and serving others.

The Anima Christi

is a traditional Catholic prayer asking Christ for sanctification, protection, and union with Him, often said after Holy Communion.

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within Your wounds hide me.

Suffer me not to be separated from You.

From the malignant enemy, defend me.

In the hour of my death, call me.

And bid me come unto You, that with Thy saints I may praise Thee forever and ever.

Amen

Coming next Month

Friendship luncheon is back

Philippine America Friendship Day

July 12, 12pm at SES Parish Hall

**ENJOY CHICKEN ADOBO
(1) PORK SKEWER
(4) MEAT LUMPIA, PANCIT, RICE,
BOTTLED WATER, DESSERT**

**\$25/person
\$15/ child, under 12 yrs old**

**WIN BIG DOOR PRIZES
and 50/50 RAFFLE**

ENJOY DANCING, ENTERTAINMENT

Hosted by the Filipino -American Society (FASSES)